

BEECROFT PUBLIC SCHOOL

LUNCH ORDER MENU

MONDAY

Sushi Hand Roll tuna / chicken / beef / avo V	\$4.20
Mini Sushi Box Tuna/teriyaki chicken/cuc V	\$4.20
Pizza C	
BBQ chicken C	\$4.50
Meatlovers cheese V	\$5.00 \$4.00
Chicken breast nuggets (4)	\$3.50
Pumpkin Soup + roll (winter only) C	\$4.00
Pan Fried Dumpling chicken + corn	\$5.00
Stir Fried Noodles chicken + veg C	\$5.00

TUESDAY

Sushi Hand Roll tuna / chicken / beef / avo / V	\$4.20
Mini Sushi Box tuna / teriyaki chicken / cuc V	\$4.20
Pan Fried Dumplings chicken + corn	\$5.00
Meatball Sub	\$4.50
Pumpkin Soup + roll(winter only) C	\$4.00

WEDNESDAY

Sushi Hand Roll tuna / chicken / beef / avo V	\$4.20
Mini Sushi Box tuna / teriyaki chicken / cuc V	\$4.20
Pan Fried Dumplings chicken + corn	\$5.00
Chicken Breast nuggets (4)	\$3.50
Pumpkin Soup + roll (winter only) C	\$4.00
Baked Beans(warm) (winter only)	\$3.00
Stir Fried Noodles chicken +veg C	\$5.00
Teriyaki Chicken with rice + veg C	\$7.00

THURSDAY

Sushi Hand Roll tuna / chicken / beef / avo V	\$4.20
Mini Sushi Box Tuna/ Teriyaki chicken/ cuc V	\$4.20
Pizza	
BBQ chicken	\$4.50
Meatlovers cheese V	\$5.00 \$4.00
Chicken burger	\$6.50
Cheese Burger	\$5.50
Pumpkin Soup+ roll (winter only)	\$4.00

FRIDAY

Sushi Hand Roll tuna / chicken / beef / avo V	\$4.20
Mini Sushi Box tuna / teriyaki chicken / cuc V	\$4.20
Chicken Pasta Salad	\$7.00
Butter Chicken	\$8.00
Stir Fried Noodles chicken + veg C	\$5.00

EVERYDAY HOT FOOD

Pasta C napolitana V	\$4.00
Hot Cheesy Roll V Roll + Bega tasty cheese	\$3.50
Hot Chicken Roll Roll + chicken breast meat	\$5.00
Hot Ham and Cheese Roll	\$5.00
Roll + Bega tasty cheese + sliced ham	\$4.50
Pasta 220g beef lasagna/200g mac+cheese	\$5.00
Pie, 90g 100% Aussie beef	\$3.50
Sausage Roll, 120g 100% beef	\$3.80
Spinach + Ricotta Roll 120g	\$3.50
Fantastic Cup Noodles chicken/oriental V	\$3.80
Corn on Cob	\$1.30
Fried Rice add chicken + \$1	\$4.00

SNACKS

Muffin, fruit based C	\$1.00
Curly Apple	\$1.30
Anzac Slice C	\$0.50
Bliss Balls CANTEEN MADE	\$0.50
Popcorn, lightly salted	\$1.00
Breadsticks plain	\$0.20
Grain Waves	\$1.70

DRINKS

Juice Cup 110ml	\$0.80
Apple/ apple + blackcurrant	
Juice Crush Poppers 250ml	\$1.60
apple / tropical / orange/ apple + blackcurrant	
Glee sparkling juice	\$2.50
Tropical/bubblegum/raspberry /blackcurrant/sour watermelon	
Water 600ml	\$2.00

The Canteen uses Qkr! for online orders
Qkr! LUNCH ORDERS CLOSE AT 9AM
 Please call the canteen on 9980 7255 to
 place emergency orders after 9am.
 \$1 surcharge applies.

C- canteen made **V-** vegetarian

The **CANTEEN**

BEECROFT PUBLIC SCHOOL

SALAD & SANDWICH MENU

BUILD YOUR OWN SANDWICH

There is an option on QKR to remove butter if required

CHOOSE YOUR BREAD

White bread	\$1.00
Wholemeal bread	\$1.00
Long White Roll	\$1.50
Gluten Free Bread	\$2.00

CHOOSE YOUR FILLING

Honey / Vegemite / Jam	+\$1.00
Tasty Cheese slice V	+\$1.00
Egg, sliced hard boiled V	+\$1.00
Egg, curried with mayonnaise V	+\$1.50
Ham, double smoked	+\$2.00
Chicken, sliced chicken breast	+\$2.00
Tuna, canned in springwater	+\$2.00
Salad, each V	+\$0.50

lettuce / tomato / cucumber / carrot / beetroot

TOASTED SANDWICHES

Toasted sandwiches are not buttered

CHOOSE YOUR BREAD

White bread	\$1.50
Wholemeal bread	\$1.50
Gluten Free Bread	\$2.00

CHOOSE YOUR FILLING

Cheese	+\$1.00
Cheese + Tomato	+\$1.50
Cheese + Ham	+\$3.00
Cheese + Ham + Tomato	+\$3.50
Cheese + Vegemite	+\$1.50
Baked Beans	+\$2.00
Extra Cheese slice	+\$1.00

BUILD YOUR OWN SALAD

There is an option on QKR to remove salad items if required

lettuce / tomato / cucumber / carrot / beetroot

Small	\$3.00
Large	\$4.00
+ Double Smoked Ham	+\$2.00
+ Sliced Chicken Breast	+\$2.00
+ Grated Cheese	+\$1.00
+ Hard Boiled Egg	+\$1.00

FIVE FOOD GROUP

\$5.00

INCLUDES : 1 x sandwich + 110ml juice cup + ¼ apple + 4 carrot sticks + ½ slice cheese + sultanas

CHOOSE YOUR BREAD

White bread
Wholemeal bread

CHOOSE YOUR SANDWICH FILLING

Honey / Vegemite / Jam
Double Smoked Ham
Bega Sliced Cheese

The Canteen at Beecroft Public School is run with the help of a P&C sub-committee. We are open every school day during normal term time offering a wide range of healthy food and drink options to the school community.

Our menu meets the latest NSW Healthy School Canteens strategy requirements