

BEECROFT PRIMARY SCHOOL LUNCH ORDER MENU

MONDAY

- \$3.80 Sushi Hand Roll
tuna / chicken / raw salmon / avo **V**
- \$3.50 Pizza
BBQ chicken / Meatlovers / cheese **V**
- \$3.50 Chicken breast nuggets (4)
- \$4.00 Pumpkin Soup + roll (winter only)

TUESDAY

- \$3.80 Sushi Hand Roll
tuna / chicken / beef / avo cuc **V**
- \$3.80 Mini Sushi Box
tuna / teriyaki chicken / cuc **V**
- \$3.50 Fried Rice CANTEEN MADE
add chicken +\$1
- \$4.50 Pasta
220g beef lasagne
200g mac+cheese **V**
- \$3.80 Pasta CANTEEN MADE
napolitana **V**
- \$4.00 Pumpkin Soup + roll (winter only)

WEDNESDAY

- \$3.80 Sushi Hand Roll
tuna / chicken / beef / avo cuc **V**
- \$3.80 Mini Sushi Box
tuna / teriyaki chicken / cuc **V**
- \$3.50 Fried Rice CANTEEN MADE
add chicken +\$1
- \$4.50 Pasta
220g beef lasagne
200g mac+cheese **V**
- \$3.80 Pasta CANTEEN MADE napolitana **V**
- \$3.50 Chicken breast nuggets (4)
- \$4.00 Pumpkin Soup + roll (winter only)

THURSDAY

- \$3.80 Sushi Hand Roll
tuna / chicken / raw salmon / avo **V**
- \$3.50 Pizza
BBQ chicken / cheese **V**
- \$3.50 Fried Rice CANTEEN MADE
add chicken +\$1
- \$4.00 Pumpkin Soup + roll (winter only)

FRIDAY

- \$3.80 Sushi Hand Roll
tuna / chicken / beef / avo cuc **V**
- \$3.80 Mini Sushi Box
tuna / teriyaki chicken / cuc **V**
- \$4.50 Pasta
220g beef lasagne
200g mac+cheese **V**
- \$3.80 Pasta CANTEEN MADE
napolitana **V**

EVERYDAY HOT FOOD

- \$1.30 Corn on the Cob **v**
- \$3.50 Hot Cheesy Roll **v**
Bakers Delight roll + Bega tasty cheese
- \$4.50 Hot Chicken Roll
Bakers Delight roll + chicken breast meat
- \$4.50 Hot Ham and Cheese Roll
Bakers Delight roll + Bega tasty cheese + slice ham
- \$3.50 Pie, 90g 100% Aussie beef
- \$3.80 Sausage Roll, 120g 100% beef
- \$3.50 Spinach + Ricotta Roll 120g
- \$3.80 Fantastic Cup Noodles
chicken / oriental **V**
- \$0.30 Tomato Sauce

DRINKS

- \$0.80 Juice Cup 110ml
Apple/ apple + blackcurrant
- \$1.60 Just Juice Poppers 250ml
apple / paradise punch / orange
apple + blackcurrant
- \$2.60 Oak Flavoured Milk 300ml
chocolate / strawberry
- \$1.50 Full Cream Plain Milk

SNACKS

- \$1.00 Muffin, fruit based CANTEEN MADE
- \$1.00 Apple/Banana
- \$1.30 Curly Apple
- \$0.50 Anzac Slice CANTEEN MADE
- \$0.80 Pizza Finger Slice CANTEEN MADE
- \$0.50 Bliss Balls CANTEEN MADE
- \$1.00 Popcorn, lightly salted
- \$1.40 Cheesymite Scroll CANTEEN MADE
- \$1.70 Grain Waves

The Canteen uses Qkr! for online orders
Qkr! LUNCH ORDERS CLOSE AT 9AM
Please call the canteen on 9980 7255 to
place emergency orders after 9am.
\$1 surcharge applies.

The CANTEEN

BEECROFT PRIMARY SCHOOL

SALAD + SANDWICH MENU

BUILD YOUR OWN SANDWICH

There is an option on QKR to remove butter if required

CHOOSE YOUR BREAD

- \$1.00 White bread LowGi Hifi
Bakers Delight dairyfree bread
- \$1.00 Wholemeal bread
Bakers Delight dairyfree bread
- \$1.50 Long White Roll LowGi Hifi
Bakers Delight dairyfree bread
- \$2.00 Gluten Free Bread

CHOOSE YOUR FILLING

- +\$1.00 Honey / Vegemite / Jam
- +\$1.00 Bega Tasty Cheese slice **V**
- +\$1.00 Egg, sliced hard boiled **V**
- +\$1.50 Egg, curried with mayonnaise **V**
- +\$2.00 Ham, double smoked
- +\$2.00 Chicken, sliced chicken breast
- +\$2.00 Tuna, canned in springwater
- +\$0.50 Salad, each **V**
lettuce / tomato / cucumber / carrot / beetroot

The Canteen at Beecroft Public School is run with the help of a P&C sub-committee. We are open every school day during normal term time offering a wide range of healthy food and drink options to the school community.

Our menu meets the latest NSW Healthy School Canteens strategy requirements.

TOASTED SANDWICHES

Toasted sandwiches are not buttered

CHOOSE YOUR BREAD

- \$1.50 White bread LowGi Hifi
Bakers Delight dairyfree bread
- \$1.50 Wholemeal bread
Bakers Delight dairyfree bread
- \$2.00 Gluten Free Bread

CHOOSE YOUR FILLING

- +\$1.00 Cheese
- +\$1.50 Cheese + Tomato
- +\$3.00 Cheese + Ham
- +\$3.50 Cheese + Ham + Tomato
- +\$1.50 Cheese + Vegemite
- +\$2.00 Baked Beans
- +\$1.00 Extra Cheese slice

BUILD YOUR OWN SALAD

There is an option on QKR to remove salad items if required

lettuce / tomato / cucumber / carrot / beetroot

- \$3.00 Small
- \$4.00 Large
- +\$2.00 + Double Smoked Ham
- +\$2.00 + Sliced Chicken Breast
- +\$1.00 + Grated Cheese
- +\$1.00 + Hard Boiled Egg

FIVE FOOD GROUP BOX

- \$5.00 **INCLUDES :** 1 x sandwich + 110ml juice cup +
¼ apple + 4 carrot sticks + ½ slice cheese + sultanas

CHOOSE YOUR BREAD

- White bread LowGi Hifi
Bakers Delight dairyfree bread
- Wholemeal bread
Bakers Delight dairyfree bread

CHOOSE YOUR SANDWICH FILLING

- +\$2.00 Honey / Vegemite / Jam
- +\$1.00 Double Smoked Ham
- Bega Sliced Cheese

The CANTEEN